Ulcer-Therapy Product Choices

We consider ulcers to be a serious health issue, so we strongly recommend you involve your veterinarian in both the diagnosis and product choice. He or she might advise you to make adjustments to your horse’s management and/or nutrition.

There are a number of ulcer therapies on the market, but only Gastrogard and UlcerGard are FDA-approved for treating ulcers. It contains omeprazole, which is also the active ingredient in the human medication Prilosec. Ingredients that are commonly used in other ulcer therapies include: calcium, magnesium and aluminum, which have acid-neutralizing effects. These are frequently found in human stomach remedies, too. Other reliable ingredients include aloe vera, licorice, papaya, and gelatin.

Pharmaceutical Ulcer Treatments (use at the direction of your veterinarian)

<table>
<thead>
<tr>
<th>Name</th>
<th>Amount</th>
<th>Times Per Day</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Gastrogard Paste (prescription)</td>
<td>½ to 1 tube</td>
<td>Once daily</td>
<td>$33 to $50</td>
</tr>
<tr>
<td>*UlcerGard (over-the-counter Gastrogard)</td>
<td>1/4 to 1/2 tube</td>
<td>Once daily</td>
<td>$9.75/dose ($39/tube)</td>
</tr>
<tr>
<td>Ranitidine tablets</td>
<td>17 to 33 tablets</td>
<td>3 to 6 times per 24 hours</td>
<td>$25/500 tablets</td>
</tr>
<tr>
<td>Tums</td>
<td>10 to 15 tablets</td>
<td>3 to 6 times daily</td>
<td>$7/160 tablets</td>
</tr>
<tr>
<td>Mylanta tabs</td>
<td>10 to 15 tablets</td>
<td>3 to 4 times daily</td>
<td>$9/24 tablets</td>
</tr>
<tr>
<td>Mylanta liquid</td>
<td>10 to 15 tablespoons</td>
<td>3 to 4 times daily</td>
<td>$9/12 oz.</td>
</tr>
</tbody>
</table>

*UlcerGard and Gastrogard, both from Merial, contain the same active ingredient, omeprazole, in the same strength. The only difference is the label instructions. Gastrogard is approved for the treatment of ulcers, which means a veterinarian has examined the horse, made a diagnosis and prescribed the treatment. UlcerGard is recommended for prevention. Both are the only FDA-approved equine ulcer treatments available.

Non-Pharmaceutical Ulcer Treatments

<table>
<thead>
<tr>
<th>Name</th>
<th>Amount</th>
<th>Times Per Day</th>
<th>Cost</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aloe Vera Juice</td>
<td>1 cup</td>
<td>Once daily</td>
<td>$8/gallon or 50¢ per day</td>
<td>Fairly well studied for ulcer therapy. Liquid.</td>
</tr>
<tr>
<td>Chewable papaya pills</td>
<td>8 to 12 tablets</td>
<td>Twice daily</td>
<td>$15/360 tablets or about 50¢ per day</td>
<td>Anecdotal evidence is strong. Tables.</td>
</tr>
<tr>
<td>Egusin SLH</td>
<td>1 scoop</td>
<td>2 times per day for 21 days</td>
<td>$149 for a 21-day supply or $7.09 per day</td>
<td>Includes antacids, lecithin, pectin, and fiber. Pellets.</td>
</tr>
<tr>
<td>Natural Plan Stomach Soother</td>
<td>2 ounces</td>
<td>Twice daily</td>
<td>$26/64 oz. or 81¢ per day</td>
<td>Papaya puree. Palatable. Liquid.</td>
</tr>
<tr>
<td>Neigh-Lox</td>
<td>2 to 4 ounces</td>
<td>Twice daily</td>
<td>$35/4 lbs. or $5 per day</td>
<td>Coating aluminum proprietary formula. Powder.</td>
</tr>
<tr>
<td>Nu-Pro Ulcer-Plex</td>
<td>1 to 2 ounces</td>
<td>Twice daily</td>
<td>$69/1 gallon or $1.08 to $2.16 per day</td>
<td>Magnesium, aloe vera and other ingredients. Powder.</td>
</tr>
<tr>
<td>Platinum Gastric Support</td>
<td>15 to 30 grams</td>
<td>Twice daily for 2 to 4 weeks</td>
<td>$88/30 servings or $5.86 per day</td>
<td>Lactobacillus delbrueckii, probiotics, whey. Powder.</td>
</tr>
<tr>
<td>Pro CMC</td>
<td>1 ounce</td>
<td>Once daily</td>
<td>$45/64 oz. or 70¢ per day</td>
<td>Pink formula with calcium and magnesium. Liquid.</td>
</tr>
<tr>
<td>Smart Gut Pellets</td>
<td>60 grams (about 2 ounces)</td>
<td>Once daily</td>
<td>$39.95/3.75 lbs. or $1.43 per day</td>
<td>Calcium, magnesium, probiotics. Pleasant aroma. Palatable. Liquid.</td>
</tr>
<tr>
<td>Soybean Oil</td>
<td>1 cup</td>
<td>Once daily</td>
<td>$11/gallon or 68¢ per day</td>
<td>Improves digestive health. Liquid.</td>
</tr>
<tr>
<td>U-7 Gastric Aid liquid</td>
<td>2 ounces</td>
<td>Twice daily for 30 days</td>
<td>$50.75/gallon or $1.59 per day</td>
<td>Does not contain calcium, magnesium, aluminum. Contains ascorbic acid, MSM, apple pectin, brewer’s yeast and grape seed extract to improve digestive health. Liquid.</td>
</tr>
<tr>
<td>U-Gard Pellets</td>
<td>1 ounce</td>
<td>Twice daily</td>
<td>$44.95/32-day supply or $1.41 per day</td>
<td>Calcium, magnesium, pectin. Palatable. Pellets.</td>
</tr>
</tbody>
</table>